

# HAMPTON COURT PALACE HALF MARATHON

**SUNDAY 18TH MARCH 2018**

Thank you for entering the Official Hampton Court Palace Half Marathon. We are excited to have you join us for the fourth edition of this race. Whether you will be joining us for your first ever Half Marathon or you have raced with us every year, we want to wish you all the best of luck and hope that you enjoy every minute of it.

Here, we have put together all the details you need to know prior to the event and hope that it will make you feel ready to go!

If you have any further questions, please do not hesitate to get in touch with our team at [info@palacehalf.com](mailto:info@palacehalf.com).

See you on Sunday 18th March!

Best of Luck  
The Palace Half Team



## EVENT DAY TIMETABLE:

GET UP, GET CHANGED, HAVE YOUR PERFECT PRE RACE BREKKY AND COME AND JOIN US!

7:15AM - EVENT VILLAGE & CATERING OPENS

7:30AM - PRE RACE BUILD UP

9AM - WAVE 1 STARTS

9:04AM - WAVE 2 STARTS

9:08AM - WAVE 3 STARTS

9:12AM - WAVE 4 STARTS

9:16AM - WAVE 5 STARTS

9:20AM - WAVE 6 STARTS

10:10AM - FIRST RUNNERS EXPECTED BACK

**\*ALL TIMINGS ARE PROVISIONAL AND MAY BE SUBJECT TO CHANGE IN THE LEAD UP TO THE EVENT.**



## THE VENUE

Hampton Court Palace is a royal palace in the borough of Richmond upon Thames, London. The Palace is one of only two of Henry VIII's palaces that are intact today. It was lived in and owned by King Henry VIII for many years, and is now a major tourist attraction.

The Palace sits within 60 acres of spectacular formal gardens and 750 acres (304 hectares) of parkland, all set within a loop of the River Thames.



**Historic  
Royal Palaces**

## THE EVENT VILLAGE

The Event Village is located to the rear of the Palace in the Palace Gardens and will have plenty to keep you entertained before and after the race, and there will be lots for spectators to see and do throughout the race too!

In the event village you will find:

- The finish line
- FREE sports massage
- Hot food
- Tea & Coffee
- Clothing & Shoe retailers
- Charity stalls

# "DON'T JUST CHASE DOWN YOUR DREAMS. RUN THEM DOWN!"

## YOUR RACE PACK:

If you entered on or before Monday 5th March your race pack will be sent to you in the post the week before the event. If you entered after this date your race pack will need to be collected on the morning of the event.

Your race pack will include:

- Your unique race BIB
- Baggage label
- Individual race chip
- Race day guide

If you have not received your race pack by the end of the day on Thursday 15th March please get in touch with the team at [info@PalaceHalf.com](mailto:info@PalaceHalf.com).

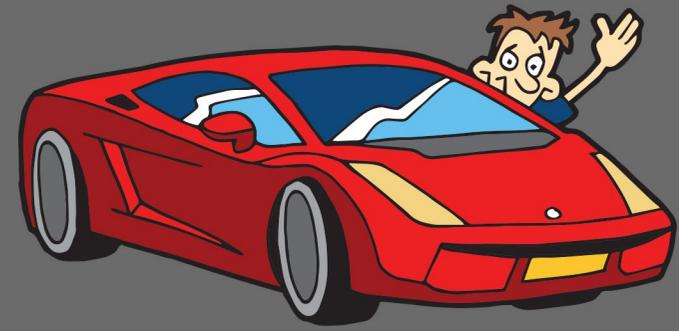
## BAGGAGE DROP

There will be a formal baggage drop within the event village for all runners to use.

If you wish to use the baggage drop please remove the baggage label from the bottom of your race BIB and attach it to your bag before handing it in.

You will need to show your unique chip number again when collecting your bag to ensure each bag is reunited with its owner.

All bags are left at your own risk and we strongly advise that you only bring what you need and that you leave all valuables with friends & family, at home, or in your car.



## HOW TO GET THERE

### BY CAR

The best postcode for Sat Nav's is: KT8 9AU

The Palace is located on the A308, the Palace is signed posted from most major roads and motorways around the south west of London.

The best way to get there if you use a smart phone is to download the Google Maps app.

### BY RAIL

The nearest station is Hampton Court.

There are regular trains running from London Waterloo however we advise planning your route in advance as it is a Sunday so fewer trains will be running.

Please Note: Do not rely on the train which arrives at 8:33am, any delays will result in you missing the start of the race.

For more information on travel visit the [Official Hampton Court Palace website](http://Official Hampton Court Palace website) or the [TFL website](http://TFL website).





**Paul Kirkham Medal Engraving**

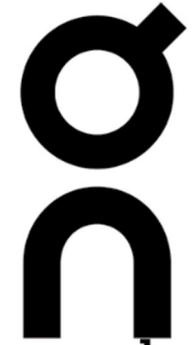


THE *Gourmet*  
HOG ROAST COMPANY

**"IT'S NOT JUST  
A HALF, IT IS:**

**13.1 MILES  
21.1KM  
23,056 YARDS  
26,200 STEPS  
830,016 INCHES  
AMAZING!"**

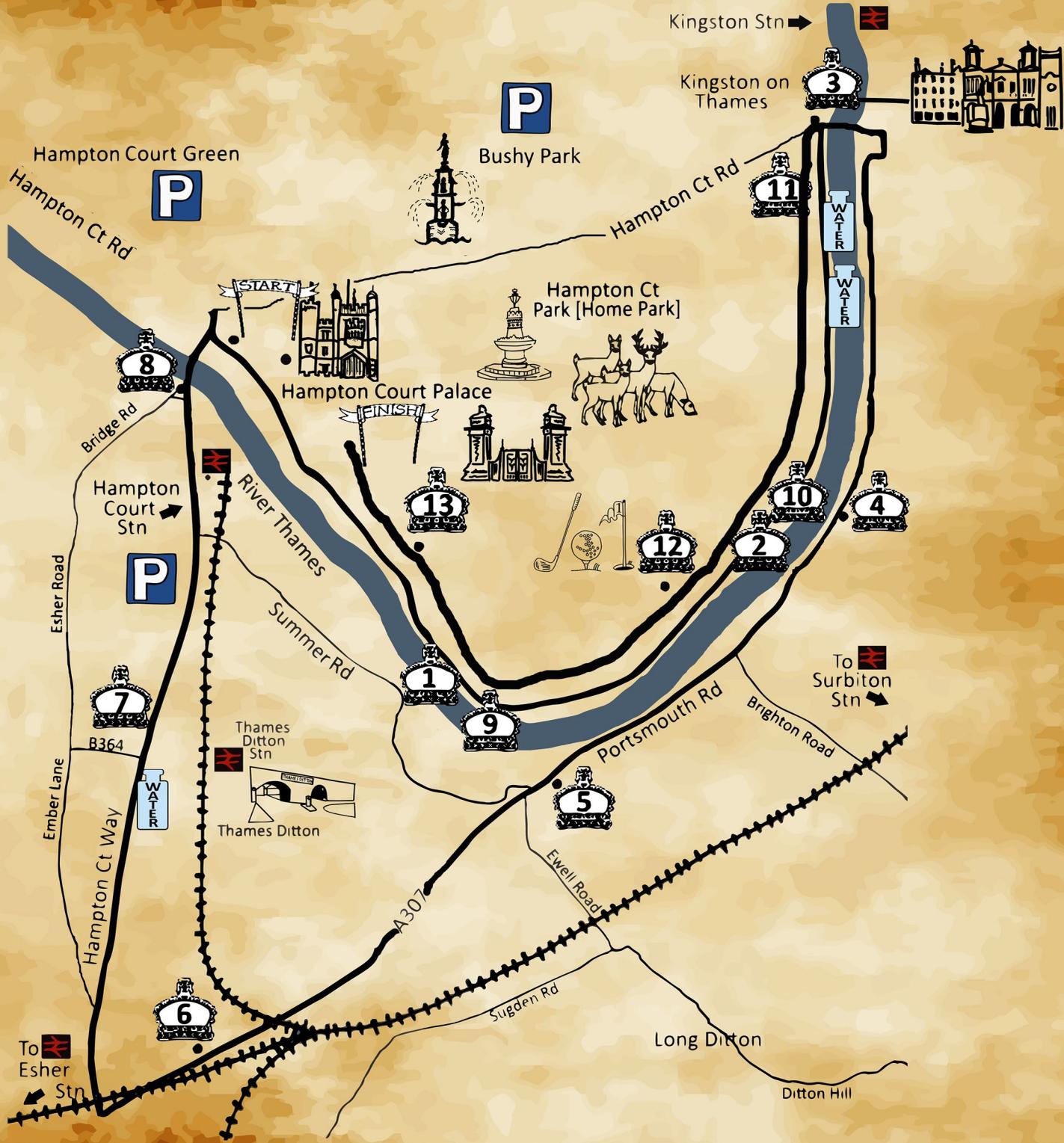
**MEN'S  
Running**



Run on clouds.



*Women's*  
**Running**



Hampton Court Green  
Hampton Ct Rd

Bushy Park

Kingston Stn  
Kingston on Thames

Hampton Ct Park [Home Park]  
Hampton Court Palace

Hampton Ct Stn

Esher Road  
Ember Lane  
Hampton Ct Way

Thames Ditton Stn  
Thames Ditton

To Surbiton Stn

To Esher Stn

Long Ditton

Ditton Hill

8

7

6

1

9

13

12

2

10

4

5

11

3

P

P

P

WATER

WATER

WATER

START

FINISH

Bridge Rd

River Thames

Summer Rd

Portsmouth Rd

Brighton Road

Ewell Road

Sugden Rd

A307

B364



# RUN FOR CHARITY

Whether you have a charity in mind, or would like our help, you can have a look around and find the charity you'd like to support. The charity will support you every step of the way and give you that bit extra to make sure you become a hero on race day!



For further details contact the Run for Charity team on: [enquiries@sportforcharity.com](mailto:enquiries@sportforcharity.com)



## FAQS

### THE COURSE

There will be mile markers along the course.

### WATER STATIONS

There will be three water stations serving water in 330ml sports cap bottles at miles 3, 7 & 11 as well as at the finish line.

### HEADPHONES

We strongly advise against wearing headphones or using any equipment that may prevent you from hearing any marshal instructions or result in a loss of concentration along the course.

### RACE CUT-OFF TIME

There is a strict 3 hour cut off time, anyone yet to pass the 12 mile marker by this time will be picked up by the sweep vehicle.

### RESULTS

All results will be live on PalaceHalf.com when you cross the finish line, and will also be emailed to you along with course photos after the event.



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INFO@PALACEHALF.COM

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**HAVE A GREAT DAY AND ENJOY THE RUN!!**